

## Winter Pool Hour for Period (11 to 30 April 2023)

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor
06:30-07:00	★		★				★		★					
07:00-07:30	Masters (Elite) 06:30 - 07:30								Masters (Elite) 06:30 - 07:30					
07:30-08:00	Aqua Blast 07:30 - 08:30 (Lane 3 & 4)		Masters - Intermediate 07:00 - 08:00				Masters - Intermediate 07:00 - 08:00		Aqua Blast 07:30 - 08:30 (Lane 3 & 4)		Performance Potential 07:00 - 08:15 (Lane 1-2)		Performance 07:00 - 09:00 (Lane 1 - 4)	
08:00-08:30	2 Lanes Open				Glennely 08:00 - 08:30 (Lane 4 & 5)		3 Lanes Open		2 Lanes Open		1 Lane Open			
08:30-09:00			Masters - Stroke Correction 08:30 - 09:30				Private Lesson 07:00 - 12:00 (Lane 2)		Masters - Stroke Correction 08:30 - 09:30		Masters - Stroke Correction 08:30 - 09:30			
09:00-09:30			LTS 09:00 - 11:00 (Lane 1 & 2)		2 Lanes Open		Splash 09:15 - 11:45 (Lane 1 & 2)		2 Lanes Open		LTS 08:15 - 10:00 (Lane 2-4)		Junior & Junior Development 09:00 - 10:15 (Lane 1 - 4)	
09:30-10:00									Adult LTS 10:00 - 11:00 (Lane 1 & 2)		2 Lanes Open		Private Lesson 08:00 - 13:30 (Lane 2 & 3)	
10:00-10:30									LTS 11:00 - 12:00 (Lane 1 & 2)				2 Lanes Open	
10:30-11:00											LTS 10:00 - 13:00			
11:00-11:30														
11:30-12:00	Aqua Blast 11:30 - 12:30 (Lane 3 & 4)													
12:00-12:30	2 Lanes Open													
12:30-13:00														
13:00-13:30														
13:30-14:00											LTS 13:00 - 15:00 (Lane 3 & 4)		2 Lanes Open	
14:00-14:30	2 Lanes Open		Private lesson 14:00 - 16:00 (Lane 1 & 2)		2 Lanes Open		LTS 14:30 - 16:30 (Lanes 3 & 4)		2 Lanes Open		Private lesson 14:00 - 17:00 (Lane 1 & 2)		2 Lanes Open	
14:30-15:00			Private lesson 16:00 - 17:00 (Lane 1 & 2)		2 Lanes Open						Diving Boards Open ● Half Pool available (no lap swimming) 15:00 - 17:00		Private lesson 14:30 - 19:00 (Lane 3)	
15:00-15:30	LTS 14:00 - 18:30 (Lane 1 & 2)		LTS 14:30 - 18:00 (Lane 3)		1 Lane Open		LTS 14:00 - 18:30 (Lane 1 & 2)		LTS 14:30 - 17:30 (Lane 3)		1 Lane Open		3 Lanes Open	
15:30-16:00			Junior & Junior Development 17:00 - 18:30		Performance Potential 17:30 - 19:00		1 Lane Open		Junior Development 16:45 - 18:00		1 Lane Open		Performance Potential 17:00 - 18:30 (Lane 1 - 3)	
16:00-16:30									Performance 18:00 - 19:30		Performance Potential 17:30 - 19:00		1 Lane Open	
16:30-17:00														
17:00-17:30														
17:30-18:00														
18:00-18:30														
18:30-19:00	3 Lanes Open		Private lesson 18:00 - 20:00 (Lane 3)		Junior 18:45 - 19:45		1 Lane Open		Green 18:30 - 19:30 (Lane 1 - 3)		1 Lane Open			
19:00-19:30									Aqua Blast 19:00 - 20:00 (Lane 3 & 4)		2 Lanes Open			
19:30-20:00									Masters (All Levels) 19:15 - 20:15					
20:00-20:30	2 Lanes Open		Adult LTS 20:00 - 21:00 (Lane 3 & 4)											
20:30-21:00														

- Remarks:
- (1) Free activity time for Indoor Pool
  - (2) Free activity time for Outdoor Pool
  - (3) Certain times during the day a portion of the pool maybe required for private lesson
  - (4) Pool Close at 21:00
  - (5) Indicates early morning coaching session ★
  - (6) Diving Board Priority ●
  - (7) Laps swimmers have priority of using the Outdoor Pool when the Indoor Pool is fully occupied.
  - (8) Pool Opens at 6:30 on weekdays except on PH, Saturday & Sunday