

Pool Hour for Summer (10 May 2022 onwards)

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Indoor	★ Outdoor	Indoor	★ Outdoor	Indoor	Outdoor	Indoor	★ Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor
06:30-07:00														
07:00-07:30		Masters (Elite) 06:30 - 07:30												
07:30-08:00				Masters (Intermediate) 07:00 - 08:00										
08:00-08:30	Aqua Fit 08:00 - 09:00 (Lane 3 & 4)													
08:30-09:00				Masters (Stroke Correction) 08:30 - 09:30										
09:00-09:30														
09:30-10:00			LTS 09:30 - 10:30 (Lane 1)											
10:00-10:30														
10:30-11:00														
11:00-11:30														
11:30-12:00	Aqua Fit 11:30 - 12:30 (Lane 3 & 4)													
12:00-12:30														
12:30-13:00														
13:00-13:30														
13:30-14:00														
14:00-14:30														
14:30-15:00														
15:00-15:30														
15:30-16:00														
16:00-16:30	Learn to Swim 14:00 - 18:30 (Lane 1 & 2)													
16:30-17:00														
17:00-17:30														
17:30-18:00														
18:00-18:30														
18:30-19:00														
19:00-19:30	3 Lanes Open													
19:30-20:00														
20:00-20:30	2 lanes open													
20:30-21:00														
21:30-22:00														

- Remarks:
- (1) Free activity time for Indoor Pool
 - (2) Free activity time for Outdoor Pool
 - (3) Certain times during the day a portion of the pool maybe required for private lesson.
 - (4) Indicates early morning coaching session. ★
 - (5) Pool Close at 22:00
 - (6) Laps swimmers have priority of using the Outdoor Pool when the Indoor Pool is fully occupied.
 - (7) Pool Opens at 06:30 on weekdays except on PH, Saturday & Sunday.