



# "Learn to Swim -Group Class Application Form" -Starting 17th August 2020

Class Venue: Outdoor Swimming Pool  
Age: 6 months or above

For Enquiries:  
Sports Desk – Tel: 3199 3800  
Summer Koo(Swim Coach)  
Tel: 3199 3592([summerkoo@lrc.com.hk](mailto:summerkoo@lrc.com.hk))  
Aaron Wong (Swim Coach)  
Tel: 3199 3594 ([aaronwong@lrc.com.hk](mailto:aaronwong@lrc.com.hk))

Fee \$	1 Session/ Week	2 Sessions/ Week
30 mins class(Baby 1- L3)	\$840/ Month	\$1,340/ Month
45 mins class (L4-L6)	\$1,070/ Month	\$1,720/ Month
Adult Learn to Swim	\$ 1,040/ Month	\$2,060/ Month

\*\*\* Guests are charged an additional 10% surcharge \*\*\*

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### Participant's Information

Name: \_\_\_\_\_ Gender:  Male  Female DOB: \_\_\_\_\_  Member  Guest

Brief details of the standard required. Please tick the appropriate box:

- BABY 1** For infants 6 months +. Focus of this class is to ensure the child is 'water happy', basic motor skills including 'kicking' 'splashing' & 'blowing bubbles' (**Parent must participate in lesson**)
- BABY 2** For younger children 18 months - 36 months (non-swimmers) and older children unable to swim (**Parent must participate in lesson**)
- LEVEL 1** Children who can swim 5m of the pool with arms and kicks (head under water), able to float on backstroke and technique not important)
- LEVEL 2** Children who can swim a width of the pool and able to breathe on their own
- LEVEL 3** Children who can swim a width of basic freestyle & backstroke kicks with confidence
- LEVEL 4** Children who can swim 1 length of Intermediate freestyle and backstroke
- LEVEL 5** Children who can swim 2 lengths of freestyle (bilateral breathing), backstroke and breaststroke kicks
- LEVEL 6** Children who can swim 4 lengths of freestyle (bilateral breathing), backstroke and breaststroke
- ADULT LEARN TO SWIM** Monday 8:00pm – 9:00pm / Friday 10.00am – 11.00am

1<sup>st</sup> Preferred lesson Day: \_\_\_\_\_ Time: \_\_\_\_\_  
2<sup>nd</sup> Preferred lesson Day: \_\_\_\_\_ Time: \_\_\_\_\_

### Member's & Parent's Information

Name: \_\_\_\_\_ Membership No: \_\_\_\_\_ Phone No.: (M) \_\_\_\_\_  
E-mail Address: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Emergency Contact Information

Name: \_\_\_\_\_ Contact No.: \_\_\_\_\_

*Please note – participants will be contacted with class information 1 month prior to commencement of programme Notes & conditions:*

- Kindly note a signed application form is a written contract for our professional services.
- 28 days' notice of cancellation is required by the club for a withdrawal cancellation.** Cancellation forms are available at the Sports Desk.
- The LRC swimming coaches will be pleased to answer any queries and will arrange suitable timings for lessons on receipt of application. These are likely to remain unchanged and as per current programme.**
- Enrollment for lessons on receipt of application
- Member's Club account will be debited in advance.
- No lessons on a public holiday.**
- I accept that the LRC and its coaches will not be responsible for any liability whatsoever arising out of any accident or injury to the participant or to any other person.

Please send in your enrollment form to: [aaronwong@lrc.com.hk](mailto:aaronwong@lrc.com.hk) OR [summerkoo@lrc.com.hk](mailto:summerkoo@lrc.com.hk)

~~~~~Please note the Typhoon and Rainstorm policy on the other page ~~~~~

For office use only

| Received by | Date | Time | Initials |
|-------------|------|------|----------|
|             |      |      |          |

\*Members are responsible for their guests' behaviour while on club premises.\*

Updated 13 June 2020

# TYPHOON AND RAINSTORM POLICY

## Typhoon Signal No. 1 and 3

- The Club continues to operate as normal.
- Outdoor activities and events, coaching lessons and sports activities may be affected during T3. Please call Sports Desk for more information.

## Amber and Red Rainstorm Warning

- Club operations continue to operate as normal.
- Outdoor activities and events, coaching lessons and sports activities may be affected. Please call Sports Desk for more information.

## Typhoon Signal No. 8 or above

- When hoisted before the Club's official opening hours of 7am, Club operations will be temporarily suspended.
- When hoisted at or after 4pm, Club operations will be completely suspended on that day.
- When hoisted during the Club's official opening hours all outdoor activities and events, coaching lessons and sports activities will be suspended.
- Should Typhoon signal No.8 be lowered at or before 4pm, Club operations will resume as soon as possible, usually 2 hours afterwards.

## Black Rainstorm Warning

- When hoisted before the Club's official opening hours of 7am, Club operations will be temporarily suspended.
- When hoisted at or after 4pm, Club operations will be completely suspended on that day.
- When hoisted during the Club's official opening hours all outdoor activities and events, coaching lessons and sports activities will be suspended until the warning is lowered. Please call the Sports Desk for more information.

## Thunderstorm Warning

- When the Thunderstorm Warning is hoisted and the lightning location is within 10km, Learn to Swim group classes will be temporarily suspended. (Please check the Hong Kong Observatory app for the lightning location)

## Conditions

- Classes started after 10 minutes will be charged normally.
- Classes lasted less than 10 minutes or affected by the weather will not be charged. No make up classes will be provided.
- Class suspension notice will be sent out 1 hour before the class.