



# "Swimming Squad" Application Form 1<sup>st</sup> Sep 2019

Class Venue: Indoor/Outdoor Swimming Pools

Group	Fee
Bronze	\$ 1,300/ month
Silver	\$ 1,300/ month
Gold	\$ 1,300/ month
Junior Platinum	\$ 1,400/ month
Platinum	\$ 1,870/ month
Master (Elite, Intermediate, Stroke Correction)	\$ 1,370/ month
Green	\$ 1,270/ month

For Enquiries: **John Dempsey**, Head Coach – [johndempsey@lrc.com.hk](mailto:johndempsey@lrc.com.hk) / **Sandy Chan**, Assistant Head Coach – [sandychan@lrc.com.hk](mailto:sandychan@lrc.com.hk)

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### Participant's Information

Name: _____	Gender: _____	DOB: _____
Name: _____	Gender: _____	DOB: _____

**Brief details of the training timetable. Please circle the appropriate squad:**

- Bronze** Tue 16:00-17:00 & Sat 12:45-13:45 (Mon 18:45-19:45 by invitation)
- Silver** Tue 17:00- 18:30/ Thu 16:45-17:45 & Sat 13:30-14:30
- Gold** Tue 17:00- 18:30/ Thu 16:45-17:45 & Sat 06:30-07:45
- Junior Platinum** Mon /Thur 17:00-18:45 & (Wed 17:00 – 18:45 by invitation)  
Sat 06:30-07:45 (Swim) 07:45 – 8:30am (Dryland)
- Platinum** Mon / Tue / Thu / Fri 05:30-06:30, Mon / Wed 17:00-19:00,  
Thu 17:45-18:45, Fri 17:00-18:30 &  
Sat 06:30 – 07:30 (Dryland) & 07:45-09:00 (Swim)
- Master (Elite)** Mon / Fri 06:30-07:30 & Wed 19:30-20:30
- Master (Intermediate)** Tue / Thu 07:00-08:00 & Wed 19:30-20:30
- Master (Stroke Correction)** Tue/ Thur/ Fri 08:30-09:30
- Green** Tue & Fri 18:30-19:30

### Member's & Parent's Information

Name: _____	Membership No: _____	Phone No.: (M) _____
E-mail Address: _____	Date: _____	Signature: _____

*Please note – Participants will be contacted with class information 1 month prior to commencement of programme*

#### Notes & conditions:

- Kindly note a signed application form is a written contract for our professional services.
- The LRC swimming coaches will be pleased to answer any queries and will arrange suitable times for lessons on receipt of application. These are likely to remain unchanged and as per current program.**
- Enrollment for lessons on receipt of application.
- Member's club account will be debited in advance. Normal cancellation procedure applies. **28 days' notice of cancellation is required by the club for a withdrawal cancellation.** Cancellation forms are available at the Sports Desk.
- No lessons on a public holiday.**
- I accept that the LRC and its coaches will not be responsible for any liability whatsoever arising out of any accident or injury to the participant or to any other person.

Please hand in your enrollment form to Sports Desk or fax to 2522 2512 / Tel: 3199 3800 E-mail: [sportsbooking@lrc.com.hk](mailto:sportsbooking@lrc.com.hk)

*For office use only*

Received by	Date	Time	Initials