



# "Learn to Swim -Group Class Application Form -2020

Class Venue: **Indoor Swimming Pool**

Age: **6 months or above**

For Enquiries:

Sports Desk – Tel: 3199 3800

Summer Koo(Swim Coach)

Tel: 3199 3592([summerkoo@lrc.com.hk](mailto:summerkoo@lrc.com.hk))

Aaron Wong (Swim Coach)

Tel: 3199 3594 ([aaronwong@lrc.com.hk](mailto:aaronwong@lrc.com.hk))

Fee \$	1 Session/ Week	2 Sessions/ Week
30 mins class(Beg 1- L3)	\$840/ Month	\$1,340/ Month
45 mins class (L4-L6)	\$1,070/ Month	\$1,720/ Month
Adult Learn to Swim	\$ 1,040/ Month	\$2,060/ Month

\*\*\* Guests are charged an additional 10% surcharge \*\*\*

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### Participant's Information

Name: \_\_\_\_\_ Gender: \_\_\_\_\_ DOB: \_\_\_\_\_ Member / Guest

**Brief details of the standard required. Please tick the appropriate box:**

- BEGINNER 1** For infants 6 months +. Focus of this class is to ensure the child is 'water happy', basic motor skills including 'kicking' 'splashing' & 'blowing bubbles' **(Parent must participate in lesson)**
- BEGINNER 2** For younger children 18 months - 36 months (non-swimmers) and older children unable to swim **(Parent must participate in lesson)**
- LEVEL 1** Children who can swim 5m of the pool with arms and kicks (head under water), able to float on back (Stroke and technique not important)
- LEVEL 2** Children who can swim a width of the pool and able to breathe on their own
- LEVEL 3** Children who can swim a width of basic freestyle & backstroke kicks with confidence
- LEVEL 4** Children who can swim 1 length of Intermediate freestyle and backstroke
- LEVEL 5** Children who can swim 2 lengths of freestyle (bilateral breathing), backstroke and breaststroke kicks
- LEVEL 6** Children who can swim 4 lengths of freestyle (bilateral breathing), backstroke and breaststroke
- ADULT LEARN TO SWIM** Monday / Friday 10.00am – 11.00am

1<sup>st</sup> Preferred lesson Day: \_\_\_\_\_ Time: \_\_\_\_\_  
 2<sup>nd</sup> Preferred lesson Day: \_\_\_\_\_ Time: \_\_\_\_\_

### Member's & Parent's Information

Name: \_\_\_\_\_ Membership No: \_\_\_\_\_ Phone No.: (M) \_\_\_\_\_  
 E-mail Address: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Emergency Contact Information

Name: \_\_\_\_\_ Contact No.: \_\_\_\_\_

*Please note – participants will be contacted with class information 1 month prior to commencement of programme Notes & conditions:*

- Kindly note a signed application form is a written contract for our professional services.
- 28 days' notice of cancellation is required by the club for a withdrawal cancellation.** Cancellation forms are available at the Sports Desk.
- The LRC swimming coaches will be pleased to answer any queries and will arrange suitable timings for lessons on receipt of application. These are likely to remain unchanged and as per current programme.**
- Enrollment for lessons on receipt of application
- Member's Club account will be debited in advance.
- No lessons on a public holiday.**
- I accept that the LRC and its coaches will not be responsible for any liability whatsoever arising out of any accident or injury to the participant or to any other person.

Please send in your enrollment form to: [summerkoo@lrc.com.hk](mailto:summerkoo@lrc.com.hk) OR [aaronwong@lrc.com.hk](mailto:aaronwong@lrc.com.hk)

*For office use only*

Received by	Date	Time	Initials

**\* Members are responsible for their guests' behaviour while on club premises.\***

Updated 19 Feb 2020