

Pool Hour for SUMMER Period (1 to 17 September) 2019

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			Sunday								
	Indoor	★ Outdoor	Indoor	★ Outdoor	Indoor	Outdoor	Indoor	★ Outdoor	Indoor	★ Outdoor	Indoor	★ Outdoor	Indoor	Outdoor								
06:30-07:00	Masters - Elite 07:30		Masters - Elite 07:30		Masters - Elite 07:30		Masters - Elite 07:30		Masters - Elite 07:30		POOL CLOSED			POOL CLOSED								
07:00-07:30											Masters - Intermediate 07:00 - 08:00		Masters - Intermediate 07:00 - 08:00		Masters - Intermediate 07:00 - 08:00		Masters - Elite 07:30		Junior Platinum 06:30 - 07:45		Gold 06:30 - 07:45	
07:30-08:00											Aqua Fit 08:00 - 09:00 (Lane 1 & 2)		Masters - Stroke Correction 08:30 - 09:30		Private Lesson 07:00 - 12:00 (Lane 2)		Masters - Stroke Correction 08:30 - 09:30		Masters - Stroke Correction 08:30 - 09:30		Platinum 7:45 - 09:00	
08:00-08:30	2 Lanes Open																					
08:30-09:00	2 Lanes Open																					
09:00-09:30																						
09:30-10:00																						
10:00-10:30	Adult LTS 10:00 - 11:00 (Lane 1 & 2)		2 Lanes Open																			
10:30-11:00	2 Lanes Open																					
11:00-11:30																						
11:30-12:00	Aqua Fit 11:30 - 12:30 (Lane 1 & 2)		2 Lanes Open																			
12:00-12:30	2 Lanes Open																					
12:30-13:00																						
13:00-13:30																						
13:30-14:00																						
14:00-14:30																						
14:30-15:00																						
15:00-15:30			Private Lesson 14:00 - 16:00 (Lane 1 & 2)		2 Lanes Open																	
15:30-16:00																						
16:00-16:30	Learn to Swim 14:00 - 18:30 (Lane 1 & 2)		2 Lanes Open		Learn to Swim 14:00 - 18:30 (Lane 1 & 2)		2 Lanes Open		Learn to Swim 14:30 - 16:30 (Lane 1 & 2)		2 Lanes Open											
16:30-17:00	2 Lanes Open				Bronze 16:00 - 17:00																	
17:00-17:30																						
17:30-18:00			Platinum 17:00 - 19:00		Junior Platinum 17:00 - 18:45 (Lane 1 & 2)		Silver & Gold 17:00 - 18:30		Platinum & Junior Platinum 17:00 - 19:00		Platinum 17:00 - 18:30		1 Lane Open									
18:00-18:30			1 Lane Open						Platinum 17:45 - 18:45 (Lane 1 - 3)		1 Lane Open											
18:30-19:00																						
19:00-19:30			Green 18:30 - 19:30		3 Lane Open																	
19:30-20:00	3 Lanes Open		Private Lesson 18:45 - 19:45 (Lane 1 & 2)																			
20:00-20:30																						
20:30-21:00																						
21:30-22:00					Pool Close at 21:30 for Deep Cleaning									Pool Close at 21:30 for Deep Cleaning								

- Remarks:
- (1) Free activity time for Indoor Pool
 - (2) Free activity time for Outdoor Pool
 - (3) Certain times during the day a portion of the pool maybe required for private lesson.
 - (4) Pool Close at 22:00
 - (5) Indicates early morning coaching session. ★

- (6) Lane 3 is occupied for private lesson during Monday 18:00-21:00 and Lane 2 on Thursday 07:00-12:00, please refer to timetable.
- (7) Lane 3 & 4 are occupied for private lesson during Sunday from 08:30-14:00, please refer to timetable.
- (8) Lane 3 is occupied for private lesson during Sunday from 14:00-19:00, please refer to timetable.
- (9) Diving Board Priority.
- (10) Members who use the diving boards will have priority using the Outdoor Pool at the times indicated in the table below. However, more lanes may be opened for lap swimmers subject to diving board usage.

- (11) Laps swimmers have priority of using the Outdoor Pool when the Indoor Pool is fully occupied.
- (12) Pool Opens at 6:30 on weekdays except on PH, Saturday & Sunday.
- (13) Diving lesson starts every Wednesday & Friday from 4 September.

DIVING BOARD OPENING HOURS

*Laps swimmers have priority of using the Outdoor Pool when the Indoor Pool is fully occupied.

Monday to Friday		
Diving Board	Diving Board Opening Hours	No. of Outdoor Pool Lanes Available*
1m	9:30am – 7:30pm	9:30am – 12nn (1 lane open)
3m	9:30am – 12nn	12nn – 2:30pm (2 lanes open)
3m & 5m	2:30pm – 4:30pm	2:30pm – 4:30pm (no lanes open)
		4:30pm – 7:30pm (2 lanes open)
		7:30pm onwards (5 lanes open)

Saturday		
Diving Board	Diving Board Opening Hours	No. of Outdoor Pool Lanes Available*
1m	9:30am – 7:30pm	9:30am – 3:30pm (2 lanes open)
3m & 5m	3:30pm – 6pm	3:30pm – 6pm (no lanes open)
		6pm – 7:30pm (2 lanes open)
		7:30pm onwards (5 lanes open)

Sunday & Public Holidays		
Diving Board	Diving Board Opening Hours	No. of Outdoor Pool Lanes Available*
1m	9:30am – 7:30pm	9:30am – 12nn (1 lane open)
3m	9:30am – 12nn	12nn – 2:30pm (2 lanes open)
3m & 5m	2:30pm – 6pm	2:30pm – 6pm (no lanes open)
		6pm – 7:30pm (2 lanes open)
		7:30pm onwards (5 lanes open)

Update: 30 July 2019