



Number 10

THE MAGAZINE FOR MEMBERS OF THE LADIES RECREATION CLUB

JULY/AUGUST 2014

Julian Snelling represents Hong Kong and the LRC

Selected for the Hong Kong Team for the upcoming 2nd FINA World Junior
Open Water Swimming Championships, Eilat, Israel

New Hamam Promotion available
at the Sanctuary Spa

Champagne Promotion Celebrating
Our New Main Clubhouse re-opening

Number 10

THE MAGAZINE OF THE LRC

GENERAL COMMITTEE 2014/2015

President Joe Griffin	<president@lrc.com.hk>
Vice President Tammy Baltz	<vpresident@lrc.com.hk >
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Honorary Secretary Kirsti McLean	<honsec@lrc.com.hk>
Tennis Convenor Gene Harper	<tennis@lrc.com.hk>
Swimming Convenor Tricia Nichol	<swimming@lrc.com.hk>
Indoor Sports Convenor Conrad Chan	<indoorsports@lrc.com.hk>
Member Relations Convenor Janet Chang	<member-relations@lrc.com.hk>
Facilities Convenor Nick Burton	<projects@lrc.com.hk>
Development Convenor Rupert McCowan	<development@lrc.com.hk>

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Adult & Junior Libraries Tel. 3199 3900	<library@lrc.com.hk>
Movie Gallery Tel. 3199 3600	<moviegallery@lrc.com.hk>

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Website: www.lrc.com.hk



VISION To be one of the most sought after family-oriented sports and recreation clubs in Hong Kong.

MISSION To provide top quality sporting, recreation and dining facilities, services and amenities to meet the needs of a diverse multi-national membership and their families whilst fostering all-round sporting excellence.

OPENING HOURS OF OUTLETS

Family Clubhouse/Sundeck /Baby Pool Area	Monday - Sunday & Public Holidays	8am - 10pm (Last order at 9:30pm)
The Deck	Monday - Sunday Public Holidays	8am - 11:30pm (Last order at 10:30pm)
Lotus Bistro and Verandah	Monday - Thursday, Sunday & Public Holidays Friday & Saturday	12noon - 11:30pm (Last order at 10:30pm) 12noon - 12midnight (Last order at 11:00pm) Lunch: 12noon-3pm (Last order 2:30pm) Dinner: 6pm-11:30pm (Last order 10:30pm)
Le Chais	Tuesday - Sunday	12noon - 9pm
Sports Bar	Monday - Sunday & Public Holidays	4pm - 12midnight
Dining Room	Tuesday - Sunday	Lunch: 12noon-3pm (closed on Mondays, Saturdays and Public Holidays) Dinner: 6pm-12midnight (Last order at 10:30pm; closed on Mondays and Public Holidays)
Cocktail Lounge	Tuesday - Sunday	12noon-12midnight 3pm-6pm (Afternoon Tea)
Indoor & Outdoor Pools	Monday - Sunday	7am - 10pm Summer (May to October) <i>*Please note that Tuesdays, Thursdays, and Sundays the Indoor Pool closes at 9:30pm.</i> 7am - 9pm Winter (November to April)
Sports Shop	Monday - Friday Saturday, Sunday, Public Holidays	10am - 7pm 9am - 6pm
Movie Gallery	Monday - Friday Saturday, Sunday & Public Holidays	11am - 8pm 10am - 7pm
Squash Courts	Monday - Sunday	7am - 10:15pm
Fitness Room	Monday - Sunday	6am - 10:30pm
Tennis Courts (No. 1-10)	Monday - Sunday	7am - 10:30pm
The Sanctuary Spa	Monday - Friday Saturday, Sunday, Public Holidays	10am - 9pm 10am - 8pm
Library	Normal hours Card access	Monday - Sunday 10am - 8pm (13 & above) Monday - Friday 3pm - 6pm (12 & under) Monday - Sunday 8am - 10am (18 or above) Monday - Sunday 8pm - 10pm (18 or above)
Junior Library	Monday Tuesday - Sunday & Public Holidays	3pm - 6pm 10am - 6:30pm
Bowling Alley	Monday - Friday Saturday, Sunday & Public Holidays	2pm - 10:30pm 11am - 10:30pm <i>*children under 10 must be accompanied by an adult</i>
Noodle Bar	Closed for daily a la carte service. Available for private bookings only	
Junior Activities Table Games Area & Teens' Room (13 & above)	Normal hours Card access	Monday - Friday 3pm - 8pm Saturday, Sunday, Public Holidays & School Break 9am - 8pm Monday - Sunday 8pm - 10pm (13 or above)
Soft Play Room (6 & under)	Daily	9am - 8pm
Kids' Klub (6 & under)	Monday - Friday Saturday Sunday, Public Holidays	9am - 7:30pm Member or Guardian Supervision 9am - 1pm Member or Guardian Supervision 1pm - 7:30pm Member Supervision only 9am - 7:30pm Member Supervision only

Editor Mrs. Brenda Scofield

Opinions expressed in articles are those of the writers and do not necessarily reflect the opinions of the LRC. We welcome articles and other contributions from members; however, the General Committee reserves the right to edit all materials or decline publication.



It was recently my privilege to chair the Annual General Meeting of the Ladies Recreation Club. This was either the 131st such event or fairly close to that number. I believe there were some rather nasty years in the 1940s that may have prevented even the most formidable members of the Club holding an annual general meeting. If there are any historians

in our membership who know the exact number of meetings held, I would be grateful if they could confirm the record.

101 members attended the AGM. The results of the various resolutions and elections to the General Committee and Balloting Committee are published in this edition of *No. 10*. I want to thank all of those members who participated either directly or through a proxy at the AGM. We remain a club for members and it is the participation of the members that is the true strength of the Club. Please join me in congratulating the incoming members of the General Committee and the Balloting Committee.

While all the resolutions presented at the AGM were successfully supported by the membership, it should be duly noted that there was a vigorous debate on the merits of the resolutions. Many different viewpoints were represented by the attending members.

I believe all of them were stated with the ultimate goal of making the Club a better and stronger organization. It is incumbent upon the incoming General Committee to consider the issues rightfully brought forward.

In the post meeting open discussion, several very important issues were voiced by various members. Feedback ranging from the voting process at the AGM to service at the Sports Bar is vital in addressing the concerns of members by the General Committee and Club management in the upcoming year. There are many aspects of the Club that could certainly be improved and the frank comments of members are welcome at any time.

Finally, I want to thank the membership for investing their trust in the incoming members of the General Committee. As members of the General Committee we represent the interests of all members; not just some select group or narrow individual interest. We remain committed to our mission: To provide top quality sporting, recreation and dining facilities, services and amenities to meet the needs of a diverse multi-national membership and their families whilst fostering all-round sporting excellence.

Have a great summer!

Joe Griffin

VOTING RESULTS

Annual General Meeting – 12 June 2014

- Ordinary Resolution:** THAT Minutes of the Annual General Meeting held on 21 May 2013 be approved.
PASSED BY SHOW OF HANDS
- Ordinary Resolution:** THAT the audited Financial Statements for the year ended 31 December 2013 be adopted.
PASSED BY SHOW OF HANDS
- Ordinary Resolution:** THAT PricewaterhouseCoopers be re-appointed as Auditors for the year 2014/2015.
PASSED BY SHOW OF HANDS
- Ordinary Resolution:** THAT the appointment of Mr Andrew Kinloch to fill vacancy in the General Committee occurred during the year, be ratified.
PASSED BY SHOW OF HANDS
- Ordinary Resolution:** THAT the appointment of Mr Alexander Cheung to fill vacancy in the Balloting Committee occurred during the year, be ratified.
PASSED BY SHOW OF HANDS
- Ordinary Resolution:** THAT the following persons be elected to the General Committee for the year 2014/2015:
Tammy BALTZ
Nicholas BURTON
Conrad CHAN
Janet CHANG
Joseph GRIFFIN
Eugene HARPER
Andrew KINLOCH
Scarlett MATTOLI
Rupert MCCOWAN
Kirsti MCLEAN
Patricia NICHOL
PASSED BY POLL
- Ordinary Resolution:** THAT the following persons be elected to the Balloting Committee for the year 2014/2015:
Sam FARRANDS
Emma HANRAHAN
David LEUNG
Stuart MOWBRAY
PASSED BY POLL
- Ordinary Resolution:** THAT the increases in membership entrance fees as specified in the Explanatory Note to the Notice of Meeting be approved.
83% PASSED BY POLL
- Ordinary Resolution:** THAT the increases in monthly subscriptions as specified in the Explanatory Note to the Notice of Meeting be approved.
60% PASSED BY POLL
- Special Resolution:** THAT the General Committee be authorised to do all things necessary to issue a series of 200 depreciating debentures of HK\$1,000,000 each with a term of 10 years and to determine such other terms and conditions as the General Committee believes appropriate.
89% PASSED BY POLL

*Results announced by Auditors PricewaterhouseCoopers
13 June 2014*



With the soft opening of the Main Clubhouse happening last month, I am delighted to write that we have received many positive comments from members on the re-opening of all building facilities. It is gratifying to see the restaurants being well patronized and wine tasting happening again in Le Chais.

There has been a tremendous amount of hard work behind the scenes in the past two years and I am proud to say that it has been a huge collaborative effort from many of the staff, some of whom members do not come into contact with on a daily basis. Our IT in-charge, Oscar Cheng and his assistant Kyle Yim have ensured that all the phone lines, Internet, TV information screens, AV systems, Point of Sales system are working and have quickly and efficiently transitioned the main reception back into its new home.

The Housekeeping and Maintenance department under the current leadership of Michael Mak and Sammy Chan played a huge part throughout the renovation ensuring that everything kept operating and running smoothly.

Hema Limbu from our Sports & Recreation department has a strong sense of design and was instrumental in creating a new look for all staff uniforms. Sam Yeung who heads up our Purchasing Department has had his workload almost doubled with the purchasing and procurement of all furniture, fixtures and operating equipment.



From L-R: Kenny Wong, Michael Mak, Hema Limbu, Sam Yeung, Oscar Cheng, Sammy Chan

Fionie Wong, our Graphic Designer has created a new logo for the Lotus Bistro and our Gardener, Kenny Wong selected and brightened up spaces with various lovely plants both internally and externally. Of course the Food & Beverage department and many other staff were instrumental in ensuring that the club kept operating in the best possible circumstances in preparation for the club re-opening, as I said earlier it was a huge team effort and we very much appreciated members' patience while waiting in the past and for now, understanding any shortcomings that we may have in the first few months during our period of fine tuning. There will also unfortunately be some disruption as the contractors are still onsite doing rectification works.

Our roof top garden will be ready for members' convenience in July; unfortunately we are unable to provide service in the immediate term but members are welcome to take a drink and sit and enjoy the great views over the Tennis Courts. We will notify everyone of our grand opening party celebration which for now is scheduled for a date in September.

I would also like to remind members that the Bistro and Verandah are venues primarily for adult usage, junior members age 14 and above are permitted to dine in these outlets but must be accompanied by an adult member.

The Sports & Recreation department will be running their usual summer camps which are always very popular over the next two months. Prices have also been updated for new activities commencing in September 2014. For further information please consult the booklet enclosed with this magazine.

Please note that the Indoor Pool will be closed from 30 June to 13 July inclusive for its annual deep cleaning and maintenance requirements.

Finally I would like to thank all members who made a memorial contribution to Leo Ng's family and for the kind and appreciative words that have been forthcoming.

On behalf of the staff, we would like to wish you a happy summer holiday! For those who are not travelling, we looking forward to seeing you at the club.

Lisa Keatley



MEMBERSHIP UPDATE FORM

Member Name (in full): Dr. / Mr. / Mrs. / Ms. / Miss _____

Membership No. _____ HKID No. _____ Passport No. _____

Date of Birth _____ Nationality (as stated in passport) _____

Company Name _____

Position _____ Profession or Occupation _____

Company Address _____

Business Tel. _____ Business E-mail Address _____

Home Address _____

Home Tel. _____ Mobile _____ E-mail _____

Spouse

Spouse Name (in full): Dr. / Mr. / Mrs. / Ms. _____

HKID No. _____ Passport No. _____

Date of Birth _____ Nationality (as stated in passport) _____

Company Name _____

Position _____ Profession or Occupation _____

Company Address _____

Business Tel. _____ Mobile _____ E-mail _____

Children Covered By This Membership

According to Rule 4.1(c), members should register their spouse and children with the Membership Office. Only children who are singles and aged under 25 are eligible to be covered by this membership.

Name (in full): Mr. / Miss _____

HKID No. _____ Date of Birth _____

Name (in full): Mr. / Miss _____

HKID No. _____ Date of Birth _____

Name (in full): Mr. / Miss _____

HKID No. _____ Date of Birth _____

Correspondence to: Residence / Main member's business / spouse's business

Billing to: Residence / Main member's business / spouse's business

E-news to e-mail address: All of the above or specify _____

Effective Date _____ Member's Signature _____

Please send this back to the Membership Office at 28401478 or email membership@lrc.com.hk or drop off at the Reception Desk.



LRC CLUB DINING

By Michael Soong, F&B Manager

2013 Château Miraval Rosé, Cotes de Provence, France

an exclusive release from the superstar couple Brad Pitt and Angelina Jolie
in partnership with the Perrin family of Beaucastel fame!



CELEBRITIES ASSOCIATED WITH CHÂTEAU MIRAVAL

- ★ Brad Pitt and Angelina Jolie, present owner;
- ★ Jacques Loussier, the French jazz pianist, a previous owner;
- ★ Sting, recorded music at the Château as did Pink Floyd for a few tracks of his album The Wall.

GRAPE VARIETY

- ★ Cinsault, Grenache, Syrah, Rolle

TASTING NOTES

- ★ Gentle, pink rose colour shines through its Champagne style bottle. Crispy, refined and elegant, offering pure and concentrated flavors of dried red berry, tangerine and melon. The mouth-watering finish features flint and spice notes, with a hint of cream.

ACCOLADES

- ★ Wine Spectator: 90 pts – The 2012 Miraval Rosé is the only Rosé in the Wine Spectator's Top 100 list of the Best Wines of 2013.
- ★ Decanter: 91 pts

AVAILABILITY

- ★ At HK\$200 per bottle, very limited quantity available at Le Chais, while stocks last.

CHAMPAGNE PROMOTION CELEBRATING OUR NEW MAIN CLUBHOUSE



CHAMPAGNE LOUIS ROEDERER BRUT PREMIER NV

VINTAGE - NV

GRAPES - 40% Pinot noir – 40% Chardonnay – 20% Pinot Meunier

WINEMAKING - It is matured for 3 years in the cellar and rested for 6 months after disgorgement to perfect maturity.

TASTING NOTES - Brut Premier the texture is full and generous and, integrates characteristics of maturity associated with fruitier and more refreshing notes. In the mouth, the wine has structure, richness and length. It is a full, complex wine that is both modern and powerful, whilst remaining a great classic.

FOOD MATCHING - Smoked Salmon, Rillettes De Lamer Oysters, Sole and Cheese.



CHAMPAGNE LALLIER PREMIER CRU ROSÉ BRUT NV

VINTAGE - NV

GRAPES - Grand Cru (Aÿ, Bouzy, Avize) and Premier Cru (Mareuil sur Aÿ). 80% Pinot Noir, 20% Chardonnay.

WINEMAKING - Aged for 24-36 months in the cellar. Kept 3-5 months after disgorging before shipment. 10g/l dosage and 20% reserve wine.

TASTING NOTE - A fashionably pale rosé with exuberant red fruit character achieving a perfect balance between richness and elegance. The perfect apéritif.

FOOD MATCHING - Prawns, cold duck breast salad with beetroot and pork dishes.



For in-house consumption only in any MCH outlets together with meal orders.





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SPORTS' BAR
**JULY
SPECIALS**

FRIDAY

Curry Buffet Dinner

4 July
7-10pm,

\$188pp (for Members), \$218pp (for Guests)

SUNDAYS

Malaysian Buffet

Sunday, 6 July
7-10pm,

\$188pp (for Members), \$218pp (for Guests)

Spanish Buffet

Sunday, 13 July
7-10pm,

\$188pp (for Members), \$218pp (for Guests)

Asian Buffet

Sunday, 20 July
7-10pm,

\$188pp (for Members), \$218pp (for Guests)

Seafood Buffet

Sunday, 27 July
7-10pm,

\$188pp (for Members), \$218pp (for Guests)

SPORTS' BAR
**AUGUST
SPECIALS**

FRIDAY

Curry Buffet Dinner

1 August
7-10pm,

\$188pp (for Members), \$218pp (for Guests)

SUNDAYS

Thai Buffet

Sunday, 3 August
7-10pm,

\$188pp (for Members), \$218pp (for Guests)

Greek Buffet

Sunday, 10 August
7-10pm,

\$188pp (for Members), \$218pp (for Guests)

Shanghainese Buffet

Sunday, 17 August
7-10pm,

\$188pp (for Members), \$218pp (for Guests)

Italian Buffet

Sunday, 24 August
7-10pm,

\$188pp (for Members), \$218pp (for Guests)

Seafood Buffet

Sunday, 31 August
7-10pm,

\$188pp (for Members), \$218pp (for Guests)

July Wines of the Month

From Spain

WHITE WINE

Vinyes Domènech Rita, Montsant, Spain 2012 \$270

Grapes: 60% Garnacha Blanca, 40% Macabeo.

Displaying aromas of white fruit and well-integrated, subtle notes from oak-aging, the wine is decidedly unctuous, with balsamic and mineral notes and particularly fresh and pleasant on the palate, including a slightly bitter touch on the finish.

Parés Baltà Honeymoon, Penedès, Spain 2012 \$140

A late harvest Parellada. Greenish yellow with golden tinge.

Intense nose of delicate orange flowers, white pears and apricots. Elegant palate, good sugar-acid balance. Soft, pleasant finish. Food pairings: Mild Asian desserts, fruity panna cottas.

RED WINE

Vinyes Domènech Bancal, Montsant, Spain 2011 \$180

Grapes: 70% Hairy Garnatxa, 15% Cabernet, 15% Syrah.

Bright cherry colour. Intense aromas of black fruits, blackberries, blueberries and currants with balsamic and mineral notes. On the palate, the wine shows purity of fruit with good balance of liveliness and refinement in the mouth. Food pairings: Pasta and meat sauce, rice with meat, vegetables, grilled red meats.

Bozeto de Exopto, Rioja, Spain 2011 \$140

Grapes: 50% Garnacha, 30% Tempranillo, 20% Graciano.

Deep red in colour, dense but with good brilliance. On the nose are aromas of red fruits (cherry and strawberry) with mineral and floral touches. A luscious palate, strawberry and cranberry flavours supply a sweetness that contrasts with the pleasant acidity. Very elegant and a fruity, long finish. Food pairings: Serve at 16 °C with white meats, dry cheeses, orange sauces, grilled meats, barbeque, fondues, paella, pizza, tapas of all sorts, and Italian and spicy dishes.

Parés Baltà 'Indigena', Penedès, Spain 2010 \$190

Grapes: Garnatxa.

Brilliant garnet colour. Alluring floral violet perfume blended with bright ripe and wild forest fruits. The wild fruits and flowers continue onto the palate, with a refreshing juicy berry fruit acidity of raspberries, red cherry, cranberries and exotic spices set on a lean, mineral backbone. Good intensity and tension on the palate. Well-balanced with a long aftertaste. Food pairings: Pasta and meat sauce, rice with meat, vegetables, , grilled red meats.

Parés Baltà Mas Elena, Penedès, Spain 2008 \$160

Grapes: 31% Cabernet Sauvignon, 61% Merlot, 8% Cabernet Franc.

Intense ruby blue tinges. The aromatic pleasant explosion of fruits with a good balance and a soft touch from the ageing in the barrel. Background notes of liquorices and spice which increase complexity and intensity. On the palate it is elegant and fresh, savory with a good structure and long aftertaste. The retro nasal perception is dominated by red fruit aromas, very well integrated with the toasty notes from the oak. Food pairings: red meat. Gravy sauces (be aware not to over power the wine). Game. Steak tartar. Carpaccio, Vitello Tonnato.

Horizonte de Exopto Tinto, Rioja, Spain 2011 \$240

Grapes: 65% Tempranillo, 15% Garnacha, 20% Graciano.

Deep ruby-red colour. On the nose are aromas of red and black fruits (cherries, blackberries) with spicy and smoky notes kissed with just a hint of oak. On the palate, intense black fruit flavours resonate, very clean and pure, with silky tannins. Good volume, complex, and rich. Very long, mineral finish. A wine showing an intriguing balance between intensity and refinement. Food pairings: Serve at 16 °C with meat dishes – casseroles, roasts, stews – more typical of Mediterranean-style cooking, served with tomato and pepper sauce, or dishes cooked with traditional herbs and spices.

Dominio Romano Ribera Del Duero, Spain 2009 \$280

Grapes: Tinto Fino. Dark red granate.

The wine has an intense fruity aroma of red fruit confiture and some balsamic notes. On the palate the wine is elegant and well-balanced with a predominance of fruit and with a very fresh and clean finish. Food pairings: Roast baby lamb and other juicy dishes rich in protein. Also matches well with many pork dishes.

August Wines of the Month

Bordeaux vs Napa Valley

WHITE WINE

Chateau la Rose Bellevue Tradition Blanc, Cotes de Blaye, Bordeaux, France 2012 \$110

Grapes: 85% Sauvignon Blanc –15% Muscadelle.

The colour is pale yellow with greyish golden hints. Powerful and complex nose reveals ripe fruits integrated with melon, apricot and passion fruits notes, followed by white peaches nuances and citrus notes. The attack is rich, full of flavour and vivid. The finish is long and fruity. It can be enjoyed as an aperitif but matches well with poultry, Asian food, fish and seafood.

Hall Sauvignon Blanc, Napa Valley, USA 2012 \$190

Crisp and refreshing, this wine features fresh and vibrant notes of green apple, lime zest and peach, with a good punch of flavors on the finish and a hint of apple blossom aromatics.



RED WINE

Clos L'Hermitage Lalande de Pomerol, France 2010 \$180

This fat, fleshy, attractive Lalande de Pomerol is a blend of 80% Merlot and 20% Cabernet Franc capturing aromas of crème caramel, vanilla, sweet kirsch and dark fruits.

Chateau Branaire Ducru Duluc de Branaire, St. Julien, Bordeaux, France 2009 \$270

Sweet black raspberry and blueberry fruit intermixed with hints of acacia flowers and crushed rocks always provide Branaire with a distinctive perfume. In the mouth, there is impressive purity, a powerful yet elegant style, noticeable but sweet tannin, and nicely integrated acidity. The wood component is not apparent given the density and richness of the fruit.

Chateau Giscours Sirene de Giscours, Margaux, France 2008 \$270

The second wine of Chateau Giscours made from younger vines, La Sirene de Giscours is the wine of very rigorous selection. It offers charming youthfulness and all the generosity of the terroir.

Chateau La Fleur De Bouard, Lalande de Pomerol, France 2007 \$240

A blend of 80% Merlot and mostly Cabernet Franc with a touch of Cabernet Sauvignon, the wine exhibits abundant notes of caramelized black cherries, liquorice, mocha, and berry fruit in a lush, medium to full-bodied, richly fruity style.

Hall Merlot, Napa Valley, USA 2009 \$250

Deep, dark ruby in colour. The wine is unabashed in its sensual richness, displaying aromas of raspberry reduction, chocolate, lavender and fresh fennel. Layers of sweet macerated black cherry and brown spice glide through the persistent finish.

Hall Cabernet Sauvignon, Napa Valley, USA 2010 \$390

Dense purple coloured. The nose offers beautiful blueberry, black raspberry and floral aromas. The tannins are melted and well-integrated. A full bodied and textured wine which will drink well for 12-15 years.

“Secrets Of The Glass” – An Introduction to

Wine Appreciation

by Michael Palij, Master of Wine

Date: Thursday, 11 September

Time: 7:30pm

Venue: Le Chais Function Room

Fee: \$500 per person (including a \$300 coupon for redemption towards a wine/Champagne dinner in the club within 6 months)

Please contact Reception for enquiry or reservation. Seats are limited. Priority will be given to Members.

Michael Palij is a teacher, an author, an entrepreneur and the world's leading specialist on emerging Italian fine wines. A Canadian, Michael emigrated to the UK in 1989 after reading English and Philosophy at the University of Toronto and began his career in the British wine trade with the legendary retailer, Oddbins. In 1995 at the age of just 29, he was admitted to the Institute of Masters of Wine.

Michael's detailed knowledge of what is arguably the wine world's most complicated producers combined with his passionate and humorous style led to requests for tastings from wine societies, wine schools and corporations around the world. Such was demand that in 1999 Michael established his own wine school, Winematters, which continues to operate from Oxford and is fully accredited with the Wine and Spirit Education Trust (WSET). Michael is published through Dorling Kindersley and contributes the Italian section to many of their publications. In 2008 the WSET itself commissioned Michael to contribute to its textbooks.

A member of Who's Who, Michael was recently appointed Fund Manager for the Institute of Masters of Wine Endowment Fund. He is a keen cyclist, runner and mountaineer. He lives in Oxford and Hong Kong with his wife and son.

The Club is pleased to welcome Michael Palij, who will offer our members a chance to discover the “*Secrets of the Glass*”, an introductory talk on Wine Appreciation designed for complete novices and yet delivered by one of the world's leading experts. In amongst the wine and anecdotes gleaned from more than 20 years in the industry Michael will touch on:

- How and why we taste
- The value of blind tasting
- Storage and service
- Food and wine matching

This evening presents a unique opportunity for members to learn more about wine in a relaxed and informal setting.

Master of Wine (MW) is a qualification, not an academic degree, issued by The Institute of Masters of Wine, a non-profit organization in the United Kingdom. The MW qualification is generally regarded in the wine industry as one of the highest standards of professional knowledge. The Institute was founded in 1955, but the MW examinations were first arranged in 1953 by the Worshipful Company of Vintners and the Wine and Spirits Association. Since 1953 a total of 366 men and women have passed the Institute's exams and become Masters of Wine. There are currently 313 Masters of Wine, living in 24 different countries.





THE BERLIN TASTING

A milestone in the history of Chilean wine industry...

Inspired by Steven Spurrier and his 1976 Judgment of Paris, Viña Errázuriz conducted a blind tasting with Steven Spurrier in Berlin, in January 2004. The most highly regarded European experts blind judged Icons of Viña Errázuriz in the company of the world's finest wines of the millennium's vintage.

Date: Saturday, 13 September 2014
 Time: 12:30pm
 Venue: Le Chais Function Room
 Fee: \$250 per person



Vina Errázuriz wines from Chile to be sampled will include:

RECEPTION

- Estate Reserva Sauvignon Blanc 2013

TASTING

- Max Reserva Chardonnay 2012
- Single Vineyard Sauvignon Blanc 2013
 - Single Vineyard Carmenere 2012
 - Wild Ferment Pinot Noir 2010
- Don Maximiano Founder's Reserve 2010
 - La Cumbre 2010 (Shiraz)
 - Kai 2010 (Carmenere)
- Vinedo Chadwick 2010 (Cabernet Sauvignon, Merlot)



The Berlin Tasting A milestone in the history of Chilean wine industry

Inspired by Steven Spurrier and his 1976 Judgment of Paris, Viña Errázuriz conducted a blind tasting with Steven Spurrier in Berlin, in January 2004. The most highly regarded European experts blind judged Icons of Viña Errázuriz in the company of the world's finest wines of the millennium's vintage.

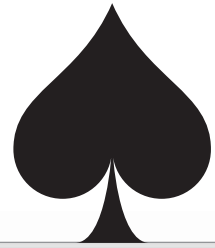
Result of The Berlin Tasting 2004

Rank	Wine	Vintage	Country
1	Viñedo Chadwick	2000	Chile
2	Seña	2001	Chile
3	Château Lafite	2000	France
4	Seña	2000	Chile
4	Château Margaux	2001	France
6	Viñedo Chadwick	2001	Chile
6	Château Margaux	2000	France
6	Château Latour	2000	France
9	Don Maximiano Founder's Reserve	2001	Chile
10	Château Latour	2001	France

The result of this now-historic tasting proved to be a true eye-opener, and Jancis Robinson recognized it as a milestone for the Chilean wine industry, now known simply as the "Berlin Tasting". This event has been recreated in the main capitals around the world:

- 2005 Brazil
- 2006 Tokyo, Toronto
- 2008 Copenhagen, Seoul, Beijing, Amsterdam
- 2009 London, Stockholm
- 2010 New York, Hong Kong
- 2011 Zurich, Helsinki
- 2012 Moscow, Dubai, Seoul
- 2013 San Paolo, Santiago

Year 2014 is the 10th Anniversary of the Berlin Tasting, which has elevated the image of Chile as a world-class appellation since then. On this anniversary year, the club is pleased to organize a **Viña Errázuriz Iconic Chilean Wine Guided Tasting led by Mr Nicolas de Solar, Brand Ambassador of Viña Errázuriz.**



| By Hughie Janelle

NEWS IN BRIEF

We hope to get a mentoring program underway in late September / early October. The idea is to put one seasoned player at a table with 3 advanced beginners. The objective is to help instill confidence and provide worthwhile practice for players who are new to the game.

Anyone interested in helping to mentor please step forward. We need some stable players. Any students wishing to join, please let us know then we can start a grouping system, and set up a schedule.

bridge@lrc.com.hk

ON OTHER FRONTS

1. BOOKS

The new bridge books which I announced in the June magazine are waiting for you on the shelves:

- We now boast FOUR of the “25” series by Barbara Seagram & David Bird. Everyone loves these straightforward, and well-written books.
- There are two new books on defensive play, -one from Eddie Kantar and one from William Root.
- There’s a William Root on “common sense bidding”.
- In addition there’s a Mike Lawrence, a Ron Klinger, an Alfred Sheinwold & another Eddie Kantar.

From amongst this selection of esteemed experts, there is surely at least one new idea to pique your interest!

Brush up your game before autumn season begins.

Sincere thanks to bridge subcom member Gani Nihalani for the gift of these 9 books. A generous gesture, greatly appreciated!

2. The summer Youth Programme should be moving forwarding in August; if it is successful, we will take it to a new level.

BRIDGE LESSONS

Beginner Level and intermediate Level lessons will recommence in autumn. Check the September magazine for definite details.

We are also looking into providing an “Advanced Beginner” series, as we have received some requests.



UPCOMING EVENTS

Weekly Bridge Events

Chicago Games

- Wednesday mornings at 9:30am
No registration or partner needed!

Duplicate Games

- Mondays
Registration at the door by 7pm for a 7:15 prompt start
- Fridays 10am
Registration with your partner accepted at the door.

Please check with the sports department to make sure the games are on; some weeks will be closed for vacation.

bridge@lrc.com.hk



SPECIAL RECOGNITION

We are all saddened to lose Leo Ng

Lovely Leo has been an ever-present smiling addition to our card room, serving us on Mondays & Fridays – always with good humour and a smile.

We will miss his presence. We send our sincere condolences to the many members of the LRC staff who mourn his death and who will miss his companionship.

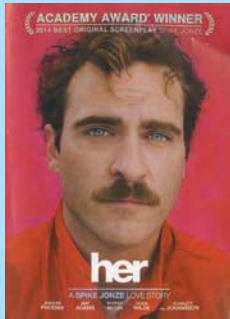
Our heartfelt sympathy to Leo’s family.



LRC MOVIE GALLERY

moviegallery@lrc.com.hk

Synopses



HER

A lonely writer develops an unlikely relationship with his newly purchased operating system that's designed to meet his every need.



LABOR DAY

Depressed single mom Adele and her son Henry offer a wounded, fearsome man a ride. As police search town for the escaped convict, the mother and son gradually learn his true story as their options become increasingly limited.

NEW DVDS

- 1 Robocop 2014
- 2 Avengers Confidential - Black Widow And Punisher
- 3 Lay The Favorite
- 4 Sofia The First- Floating Palace
- 5 3 Days To Kill
- 6 Romeo+Juliet (2014)
- 7 Mobious
- 8 Jack Ryan - Shadow Recruit
- 9 Legend Of Hercules
- 10 Son Of Batman
- 11 About Last Night
- 12 I, Frankenstein
- 13 War Of The Worlds-Goliath
- 14 Little Rascals Saves The Day
- 15 Past
- 16 Pompeii
- 17 Secret Life Of Walter Mitty
- 18 Labor Day
- 19 The Nut Job
- 20 Her



MOVIE REVIEW

by Howard Elias

HER

Theodore Twombly (Joaquin Phoenix) is a professional letter writer. In this dystopia set sometime in the near future, people don't send intimate, heartfelt letters to each other anymore. They get the staff at beautifulhandwrittenletters.com to do it for them. But while Theodore knows all the right things to say on paper, he's at a loss when it comes to his own life. Theodore is lonely and stuck in a relationship rut after coming out of a divorce from his childhood sweetheart... until he installs a new operating system named Samantha (charmingly voiced by Scarlett Johansson) on his computer.



Canada Rocky Mountaineer luxury train packages from Cathay Holidays

Enjoy 1,000 Bonus Asia Miles

Journey through the heart of the Canadian Rockies on the Rocky Mountaineer – an award-winning train service for those who want to explore this stunning UNESCO World Heritage Site in comfort. You'll discover majestic mountain ranges, thundering waterfalls and snow-covered glaciers, with plenty of opportunity to catch a glimpse of the region's wildlife, including eagles, elk and black bears. Enjoy accommodation at various destinations and RedLeaf, SilverLeaf or GoldLeaf Service onboard meals, as well as the flexibility to extend your stay with an Alaskan cruise.

Canadian Rockies Excursion package 6 days/ 4 nights from HKD19,690*

- Travel period: Now to 30 September 2014
- 2 days on the Rocky Mountaineer to Kamloops and Banff
- Enjoy a Banff Tour with Gondola and 12-minute summit helicopter ride
- Visit Vancouver Lookout, Calgary Tower

Canadian Rockies Highlights with Pre/Post -Tour Alaskan Cruise 15 days/13 nights from HKD38,790*

- Travel period: Now to 14 September 2014
- 2 days on the Rocky Mountaineer to Kamloops and Banff
- 7-night Alaskan cruise to discover glaciers and wildlife
- Visit Vancouver's north shore, Yoho Park and Lake Louise

Packages include: Round-trip flight tickets between Hong Kong and Vancouver on Cathay Pacific Airways • A one-way domestic flight between Calgary and Vancouver • Hotel accommodation • Specified meals, transfers and attraction admission as stated in the itinerary • Travel insurance

For enquiries and to book, please contact our customer hotline on **2747 4370** or email **service@cxholidays.com**



cxholidays.com



*Prices quoted are subject to applicable taxes and other surcharges. As a reference only, the current fuel surcharge for packages between Hong Kong and Vancouver, and from Calgary to Vancouver, booked in June is about HKD2,400.
Offer details | Prices quoted are per person in Hong Kong Dollars based on 2 non-Canadians travelling together and sharing 1 room. | Transportation to/from Vancouver/Calgary airports is not included. | Fuel surcharges, gratuities, cruise port fees and taxes are not included. | Hong Kong airport security charge, TIC Levy and travel insurance are included. | Airport taxes and charges are not included. | Cathay Holidays Limited and Asia Miles™ terms and conditions apply. | Cathay Holidays Limited is a wholly-owned subsidiary of Cathay Pacific Airways. (Licence no. 352024)



JULY 2014



Sunday	Monday	Tuesday	Wednesday
		1	2
		Buffet Breakfast: 8am-11:30am, FCH Buffet Brunch: 12noon-2:30pm, FCH Junior Fitness hours: 3pm-6pm Organised Tennis: 7pm Social Badminton: 8:30pm onwards	Chicago Bridge: 9:30am Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar
6	7	8	9
Buffet Breakfast: 8am-11:30am, FCH Buffet Brunch: 12noon-2:30pm, FCH Malaysian Buffet Dinner: 7-10pm Spanish Wine Fair: 12noon-7pm, Le Chais	Junior Fitness Hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Duplicate Game: 7pm	Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Social Badminton: 8:30pm onwards	Chicago Bridge: 9:30am Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar
13	14	15	16
Buffet Breakfast: 8am-11:30am, FCH Buffet Brunch: 12noon-2:30pm, FCH Spanish Buffet Dinner: 7-10pm	Junior Fitness Hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Duplicate Game: 7pm	Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Organised Tennis: 7pm Social Badminton: 8:30pm onwards	Chicago Bridge: 9:30am Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar
20	21	22	23
Buffet Breakfast: 8am-11:30am, FCH Buffet Brunch: 12noon-2:30pm, FCH Asian Buffet Dinner: 7-10pm	Junior Fitness Hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Duplicate Game: 7pm	Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Organised Tennis: 7pm Social Badminton: 8:30pm onwards	Chicago Bridge: 9:30am Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar
27	28	29	30
Buffet Breakfast: 8am-11:30am, FCH Buffet Brunch: 12noon-2:30pm, FCH Seafood Buffet Dinner: 7-10pm	Junior Fitness Hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Duplicate Game: 7pm SoCO Volunteer Camp: 9:30am-4:30pm	Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Organised Tennis: 7pm Social Badminton: 8:30pm onwards SoCO Volunteer Camp: 9:30am-4:30pm	Chicago Bridge: 9:30am Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar



Thursday	Friday	Saturday
<p>3</p> <p>Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Social Squash: 6:30pm onwards</p>	<p>4</p> <p>Duplicate Game: 10am Movie Gallery: \$10 Crazy Rental Day Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Curry Buffet Dinner: 7-10pm</p>	<p>5</p> <p>Buffet Breakfast: 8am-11:30am, FCH Buffet Lunch: 12noon-2:30pm, FCH Organised Tennis: 2pm Spanish Wine Fair: 12noon-7pm, Le Chais Kids Craft: 11am-12noon, Junior Library</p>
<p>10</p> <p>Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Social Squash: 6:30pm onwards</p>	<p>11</p> <p>Duplicate Game: 10am Movie Gallery: \$10 Crazy Rental Day Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar</p>	<p>12</p> <p>Buffet Breakfast: 8am-11:30am, FCH Buffet Lunch: 12noon-2:30pm, FCH Organised Tennis: 2pm</p>
<p>17</p> <p>Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Social Squash: 6:30pm onwards</p>	<p>18</p> <p>Duplicate Game: 10am Movie Gallery: \$10 Crazy Rental Day Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Splash-In: 5:15pm-6:30pm</p>	<p>19</p> <p>Buffet Breakfast: 8am-11:30am, FCH Buffet Lunch: 12noon-2:30pm, FCH Organised Tennis: 2pm</p>
<p>24</p> <p>Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Social Squash: 6:30pm onwards</p>	<p>25</p> <p>Duplicate Game: 10am Movie Gallery: \$10 Crazy Rental Day Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar</p>	<p>26</p> <p>Buffet Breakfast: 8am-11:30am, FCH Buffet Lunch: 12noon-2:30pm, FCH Organised Tennis: 2pm</p>
<p>31</p> <p>Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Social Squash: 6:30pm onwards</p>	<p>Food & Beverage Special Swimming Event Tennis Event Indoor Sports Event Junior Activities Event Library Event Spa Event Recreation Bridge Special Event</p> <p><i>Please see eNewsletter for details of pool hours & social squash.</i></p>	

HIGHLIGHTS OF THE MONTH

CLUB DINING

Spanish Wine Fair

Saturday & Sunday, 5 & 6 July,
 12noon-7pm, Le Chais
2013 Château Miraval Rosé,
Cotes de Provence, France
 available at Le Chais, while stock lasts.

THE SANCTUARY SPA

Hamam Promotion - receive 20% off of our Merzouga Rituals

Please contact The Sanctuary Spa at
 3199 3688 for information

JUNIOR ACTIVITIES

Kids Crafts

Saturday, 5 July, 11am-12noon, Junior Library

SoCO Volunteer Camp

Monday & Tuesday, 28 & 29 July



AUGUST 2014

Sunday	Monday	Tuesday	Wednesday
<p>Food & Beverage Special Swimming Event Tennis Event Indoor Sports Event Junior Activities Event Library Event Spa Event Recreation Bridge Special Event</p> <p><i>Please see eNewsletter for details of pool hours & social squash.</i></p>			
<p style="text-align: right;">3</p> <p>Buffet Breakfast: 8am-11:30am, FCH Buffet Brunch: 12noon-2:30pm, FCH Thai Buffet Dinner: 7-10pm</p>	<p style="text-align: right;">4</p> <p>Junior Fitness Hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Duplicate Game: 7:00pm</p>	<p style="text-align: right;">5</p> <p>Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Organised Tennis: 7pm Social Badminton: 8:30pm onwards</p>	<p style="text-align: right;">6</p> <p>Chicago Bridge: 9:30am Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar</p>
<p style="text-align: right;">10</p> <p>Buffet Breakfast: 8am-11:30am, FCH Buffet Brunch: 12noon-2:30pm, FCH Greek Buffet Dinner: 7-10pm</p>	<p style="text-align: right;">11</p> <p>Junior Fitness Hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Duplicate Game: 7:00pm</p>	<p style="text-align: right;">12</p> <p>Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Organised Tennis: 7pm Social Badminton: 8:30pm onwards</p>	<p style="text-align: right;">13</p> <p>Chicago Bridge: 9:30am Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar</p>
<p style="text-align: right;">17</p> <p>Buffet Breakfast: 8am-11:30am, FCH Buffet Brunch: 12noon-2:30pm, FCH Shanghainese Buffet Dinner: 7-10pm</p>	<p style="text-align: right;">18</p> <p>Junior Fitness Hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Duplicate Game: 7:00pm</p>	<p style="text-align: right;">19</p> <p>Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Organised Tennis: 7pm Social Badminton: 8:30pm onwards</p>	<p style="text-align: right;">20</p> <p>Chicago Bridge: 9:30am Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar</p>
<p style="text-align: right;">24</p> <p>Buffet Breakfast: 8am-11:30am, FCH Buffet Brunch: 12noon-2:30pm, FCH Italian Buffet Dinner: 7-10pm (24 Aug) Seafood Buffet Dinner: 7-10pm (31 Aug) Cheese and Wine Tasting, 12noon-7pm, Le Chais (31 Aug)</p>	<p style="text-align: right;">25</p> <p>Junior Fitness Hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Duplicate Game: 7:00pm</p>	<p style="text-align: right;">26</p> <p>Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Organised Tennis: 7pm Social Badminton: 8:30pm onwards</p>	<p style="text-align: right;">27</p> <p>Chicago Bridge: 9:30am Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar</p>
<p style="text-align: right;">31</p>			



Thursday	Friday	Saturday
	<p style="text-align: right;">1</p> <p>Duplicate Game: 10am Movie Gallery: \$10 Crazy Rental Day Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Splash-In: 5:15pm-6:30pm Curry Buffet Dinner: 7-10pm</p>	<p style="text-align: right;">2</p> <p>Buffet Breakfast: 8am-11:30am, FCH Buffet Lunch: 12noon-2:30pm, FCH Organised Tennis: 2pm</p>
<p style="text-align: right;">7</p> <p>Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Social Squash: 6:30pm onwards</p>	<p style="text-align: right;">8</p> <p>Duplicate Game: 10am Movie Gallery: \$10 Crazy Rental Day Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar</p>	<p style="text-align: right;">9</p> <p>Buffet Breakfast: 8am-11:30am, FCH Buffet Lunch: 12noon-2:30pm, FCH Organised Tennis: 2pm</p>
<p style="text-align: right;">14</p> <p>Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Social Squash: 6:30pm onwards</p>	<p style="text-align: right;">15</p> <p>Duplicate Game: 10am Movie Gallery: \$10 Crazy Rental Day Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Splash-In: 5:15pm-6:30pm</p>	<p style="text-align: right;">16</p> <p>Buffet Breakfast: 8am-11:30am, FCH Buffet Lunch: 12noon-2:30pm, FCH Organised Tennis: 2pm</p>
<p style="text-align: right;">21</p> <p>Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Social Squash: 6:30pm onwards</p>	<p style="text-align: right;">22</p> <p>Duplicate Game: 10am Movie Gallery: \$10 Crazy Rental Day Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar</p>	<p style="text-align: right;">23</p> <p>Buffet Breakfast: 8am-11:30am, FCH Buffet Lunch: 12noon-2:30pm, FCH Organised Tennis: 2pm Super Mario Game: 11am-12noon, Teens Room</p>
<p style="text-align: right;">28</p> <p>Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar Social Squash: 6:30pm onwards</p>	<p style="text-align: right;">29</p> <p>Duplicate Game: 10am Movie Gallery: \$10 Crazy Rental Day Junior Fitness hours: 3pm-6pm Happy Hour: 5pm-7pm, Sports Bar</p>	<p style="text-align: right;">30</p> <p>Buffet Breakfast: 8am-11:30am, FCH Buffet Lunch: 12noon-2:30pm, FCH Organised Tennis: 2pm Stuart Glass Squash Tournament: 3:15pm Cheese and Wine Tasting, 12noon-7pm, Le Chais Back to School Craft: 11am-12noon, Junior Library</p>

HIGHLIGHTS OF THE MONTH

CLUB DINING

Cheese and Wine Tasting

Saturday & Sunday, 30 & 31 August, 12noon-7pm, Le Chais

2013 Château Miraval Rosé, Cotes de Provence, France

Available at Le Chais, while stocks last.

THE SANCTUARY SPA

Hamam Promotion - receive 20% off of our Merzouga Rituals

Please contact The Sanctuary Spa at 3199 3688 for information

JUNIOR ACTIVITIES

Super Mario Game

Saturday, 23 August, 11am-12noon, Teens' Room

Back to School Craft

Saturday, 30 August, 11am - 12noon, Junior Library



| By Suzanne Harwood, Spa Manager

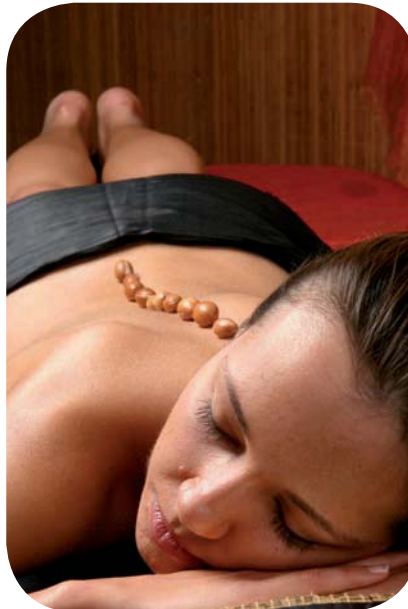
Transport yourself to Morocco this summer

by visiting the Sanctuary Spa for an outstanding Hamam experience!

History of the Hamam

The Hamam is an ancient and time honoured institution with roots in Roman and Arab cultures dating back to 600 AD. As the Roman Empire retreated, the hot baths were left behind. However, not until Mohammad passionately recommended the hot sweat baths to his followers did the Islamic Hamam flourish. At that point in history Arabs were not washing often and certainly not with hot water. However, Mohammad felt that the Hamam was beneficial to one's health; it provided for mental relaxation, helped with muscle and joint aches and pains and most importantly it enhanced fertility. He directed his followers to use the Hamam in order to increase the numbers of the Islamic faith and to improve their health. Soon Hamams were spreading across the Middle East and North Africa. Often they were located adjacent to mosques and became ingrained in the washing and purification that was required before prayer.

When Mohammad first advocated the use of the Hamam for religious and recreational purposes, women were forbidden. But as hygienic benefits became apparent, "The Word" was reinterpreted and women were permitted after an illness or after they had given birth. Eventually, Arab men begrudgingly opened the pleasures of the hamam to women who, before then, had virtually no other opportunity to socialize with anyone



outside the home. It wasn't long before the privilege became a right.

Over the centuries Hamam was transformed from places to wash in to an indispensable part of daily social life. During the Victorian era England, Hamam was introduced and soon flourished. At the height of popularity there were more than 600 Hamams in the United Kingdom. Today, Hamam is enjoyed by millions of people throughout the Islamic world and beyond. You can find Hamam in major European Cities, New Zealand, Australia and Canada and now in Indianapolis, Indiana.

Hamam means 'spreader of warmth'. It is the word given to the sensual bathing retreat that evolved over thousands of years and traces its roots back to the Roman Thermae. Circling time and place, these traditions can still be experienced in many natural hot springs of Turkey, Tunisia, Spain, and Morocco, and have now found a home in the present day.

All Hamam treatments have tremendous curative benefits. They increase physical and emotional detox and nourish the skin with vitamins and minerals. Hamam treatments enhance deep relaxation and skin rejuvenation while reducing stress and anxiety.



Rhassoul is ancient clay which is found deep under the Atlas Mountains in Morocco. The depth of these clay deposits makes rhassoul very difficult to obtain. Its literal translation from Arabic means "the matter which washes".

The clay is invaluable for spa treatments, as its extraordinary power of absorption makes it more effective than other clays for cleansing, detoxifying, and general skin treatment.

Rhassoul is also extremely rich in trace minerals: these minerals detoxify the skin by extracting a variety of skin pollutants. Two US clinical studies have been conducted on rhassoul, and in general it:

- Reduces dryness;
- Reduces flakiness;
- Improves skin clarity;
- Improves skin elasticity/firmness;
- Improves skin texture;

- Removes surface oil, and oil from inside and around clogged pores; and
- Removes dead skin layers, resulting in a general smoothing of the surface skin.

Rhassoul clay has a long history of use in beauty care. It has been used for over 1400 years as a soap, shampoo and skin conditioner. It was used in ancient Rome and Egypt by the nobility. Today, it is a favourite with the finest spas and resorts worldwide.



Merzouga Rituals ...

Merzouga is a village in Morocco, famous for its dunes at the gates of the Sahara.

❖ Argan, Apricot and Orange Scrub & Rhassoul Wrap-treatment
Price: \$640 Now: \$512

❖ Argan, Apricot and Orange Scrub with Vichy shower & Rhassoul Wrap- treatment \$800 Now: \$640

❖ Sociable Self-Service Rhassoul for 2 Price: \$600 (\$300 each)
For those who wish to perform the Rhassoul on themselves either on their own or in the traditional way with a friend to catch up on the gossip!

❖ Argan, Apricot and Orange Scrub with Vichy Shower & heated marble slab 45 minutes: \$550 Now: \$440

❖ Marrakech Black Soap Scrub Vichy Shower & heated marble slab 45 minutes: \$550 Now \$440

July & August Hamam promotion – receive 20% off any of our Merzouga Rituals

CLIENTS' NOTICE: Due to an increase in overheads and inflation – please be advised that the Sanctuary Spa prices will be increased in September 2014.

LRC INDOOR SPORTS



John Heath
INDOOR SPORTS
CONVENOR

Gillem Tulloch- Division 2 Captain

As Robert Burns once penned “the best-laid plans of mice and men often go awry” and so it was for the LRC’s top squash team this past year. We had thought that our return to Division 2 would see a strong performance. After all, we had packed the team with some veritable superstars such as former World Masters Champion Peter Hill (he was huge in the 1980s), not to mention Mickey Holmes and Rohan Bhappu (they were big in the early noughties). Unfortunately, as the season progressed, suspicions arose that many of us were a year further away from our primes whilst the younger teams that dominated the division were a year closer to theirs and yet to find woman and booze.

Still, we went down fighting. Peter, Mickey and Rohan won four games each out of a possible sixteen with Peter being the highest ranked LRC player in the division at number 9, followed by Mickey at No 10 and Rohan at 17. Given the high standard, this was impressive. Thereafter, our performance was somewhat of a struggle. Chris Caves managed to claim two scalps and Gillem just one. At one stage, Gillem was looking like he’d finish the season without a win but was still ranked higher than Chris who had one win. It goes to prove that you get points by just turning up for the food and beer! Other players worth a mention for their time and effort include Stephen Seelbach (recently departed to the US) and John Heath. Despite our best efforts, we finished fifth out of a possible five. Time to regroup...

Jo Piasecki - Division 6 Captain

LRC mens div 6 squash team celebrates a HUGE league victory & promotion Div 6 team ended with a strong 9 points lead losing only 3 matches all season. A committed team fought off big challenges from local team HKU & big guns HKFC.



A long drawn out season for the men’s team who dropped only 3 matches all season; A committed core set of dedicated players trained hard all season to keep on top of their game - a delight to captain (and boss around).

Most improved player junior Thomas Cooper determined to out shine his Mum & captain (me) conceded just one match all season – robbed 16-14 in the fifth against rivals HKCC – A great effort from Thomas who

showed huge maturity and sporting character! Proud mum Piasecki started the season well – storming ahead with 1 match loss at half way, BUT pressures of managing the athletes proved all too much & struggled to maintain true form in the second half. Piasecki still ended up in the top 16 ranked players and top female player in the league.... Not bad! John Heath; sharing the captain’s pain (thankfully) of organising and strategic planning started the season uncharacteristically a little sluggish. But with victory in sight he bounced back to top form & ended up in 9th position overall & with a fearless victory in a late match win away at DB. Team mentor Simon Phillips normally seen playing with a different ball, rejoined the squash section. Phillips hadn’t lost his touch and finesse. Thanks to him the team were never allowed to relax & he gave us huge strength, determination and enthusiasm on & off the court. He’s a great team member. Shining star Guest player & drinks manger Simon Disler came top of the league overall with a remarkable undefeated record throughout the season.

The team were also honoured with fellow players; Howard Bilton refreshment manager; Dilip Shahani tactics analyst & Amar Anand.

Let the battle begin for next season!



Jo Piasecki enjoys a great end of season win in the Hong Kong ladies over 35 closed championships .

PAST EVENTS

SQUASH CLUB CHAMPIONSHIPS 2014 RESULTS

Men's Winner: Rohan Bhappu

Men's Runner-Up: Gillem Tulloch

Plate Winner: Jo Piasecki

Plate Runner-Up: Michael Murphy

Junior's Winner: Ursula Sze



UPCOMING EVENTS

Stuart Glass Squash Tournament
Saturday, 30 August

Badminton Lim Cup
Saturday, 6 September

Social Badminton
Every Tuesday from 8:30pm

Social Squash
Every Thursday from 6:30pm

LRC Squash
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THE SOVEREIGN CUP - 1970'S SQUASH TOURNAMENT





Eugene Harper
TENNIS
CONVENOR

JUNIOR TENNIS REPORT

PBI Cup –Thanyapura, Phuket

By Claire Chamberlain

After almost 6 months of preparation for our first ever overseas trip – our team of 7 players from LRC and 5 from Clear Water Bay Country Club hit the courts in Thanyapura, Phuket from the 16-18th May. It was a fabulous facility with both indoor and outdoor courts and a Sports Hotel on the grounds where the teams stayed.

Day 1 – after checking in to our rooms the players enjoyed a 3 hour tennis clinic with both local and overseas coaches. This was followed by a well-earned pizza and movie evening.

Day 2 – saw our all day singles tournament with 24 participants from both Thailand and Hong Kong – this was a team and individual event. Each team was split into 3 ranked groups and every match played, counted towards both an individual and team score.

Day 3 – was the doubles team challenge for the PBI Cup with 32 players making up 6 teams from Thailand and Hong Kong. The Thais were tough opponents but the LRC did themselves proud.



LUCIA KIM won an individual bronze medal in her group in the singles tournament.

For both the singles and doubles team event the LRC came in a very commendable third place in both tournaments.

The coaches then presented one best and fairest award to a player in each of the teams. From the LRC this award went to VIKRAM SINGH – well done to Vikram!

Well done to the team of: Pravir Mirpuri, Matthew Campbell, Vikram Singh, Rishaan Mirpuri, Lucia Kim, Luka Kim and Kat Joseph-Hui.

I can't go without mentioning that Luka Kim managed to injure himself before the

start of the singles tournament so he was out of action for the weekend, spending half a day in the hospital. Thankfully nothing was broken! He was such a good sport considering the unimaginable disappointment.

I would like to take this opportunity to thank Stephen So (Clear Water Bay Country Club Head Tennis Professional) and Roger Cochrane and Miguel (Thanyapura Tennis Professionals) for making up such a great organizing team – the event was a fabulous success and will definitely be a regular feature on the junior tennis calendar.

It was a pleasure to travel with such a great team and such supportive parents – the feedback was exceptional.

10 & under Prince Challenge – this age group has replaced the 18 & under age group



The Prince Challenge event is an inter-club event held three times a year at the 10/12/14 age group levels. This year there has been a change of age groups and the inaugural 10 & under event was held at the Aberdeen Marina Club on 24 May.

Our tough team of players on the hottest day so far this year, came away having won the most games in the tournament though not quite clinching the most amount of sets that were needed. I am very proud to announce that our team still emerged as the RUNNERS UP, winning a beautiful new trophy sponsored by PRINCE

A great team effort from:

Austin Chan
Etienne Lee
Arjun Malhotra
Bharat Malhotra
Hursh Singh
Leandra Sze
Ryan Teasdale
Noelle Vanasse-Wilbert

Watch out for these players in the future!

HKTA Junior league

The LRC have 4 teams registered in the league with 65 players on various teams. The aim is to expose as many of our players to match play at the various levels. There are 2 seasons in a year.

RESULTS

Autumn 2013

- B team - 4th out of 8 teams
- C team 10th out of 13 teams
- D Tigers –Joint 3rd place out of 11 teams
- D Dragons – Joint 3rd out of 11 teams

Spring 2014


- B team – Joint 4th out of 8
- C team – 4th out of 11 teams
- D Tigers Team – 2nd place - overall Runners up
- D Dragons – Joint 6th out of 11 teams

I would like to thank the parents for all their help with chaperoning the players to and from matches – without your help we would not be able to involve so many players.

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Annual Junior Tennis Dinner

This was held on June 5th and winners from the Junior Medal tournament were awarded their medals.

The successes of the Prince Challenge teams for the season were acknowledged: 14 & under – Champions; 12 & under – Champions; 10 & under – Runners up

Individual awards were also presented as follows:

Commitment Award – this award is presented to those players who give 100% to their team, their training and their availability for matches

B team	Avinash Sujanani
C team	Chan Yik Ting
D Dragons team	Thomas Heath
D Tigers team	Vikram Singh

Sportsmanship Award

B team	Angelina Heyler
C team	Stuart Reid
D Dragons team	Ryan Teasdale
D Tigers team	Brendan Saunders

Most Improved Player Award

B team	Nicole Chu
C team	Jonathan Ip
D Dragons team	Tristan Root
D Tigers team	Isobel Dolling

High Point Award –

This is calculated by the number of matches each player has won and played during a season both at junior club tournament and league level. This award is separated into 2 seasons. The autumn season (Sept-Dec 2013) award winners were:

B Team – Nicholas Lim
C Team – Luka Kim
D Tigers Team – Noelle Vanasse-Wilbert
D Dragons – James Barrett

The top 5 point winners for each team this season (Jan- April 2014) were

B team
Byron Sun (56)
Avinash Sujanani (40)
3=Angelina Heyler (28)
Nicholas Lim
5=Sadee Abrate (24)
Lee Jun Ji
C Team
Ethan Mah (77)
Pravir Mirpuri (69)
Jonathan Ip (46)
4=Stuart Reid (45)
Luka Kim
D Dragons Team
Ajay Pursram (72)
James Barrett (71)
Sean Root (64)
Tristan Root (59)
5=Thomas Heath (57)
Ashwin Gopalan
D Tigers Team
Abby Aallonen (84)
Vikram Singh (73)
Zachary Barney (67)
Hursh Singh (60)
Lucia Kim (58)

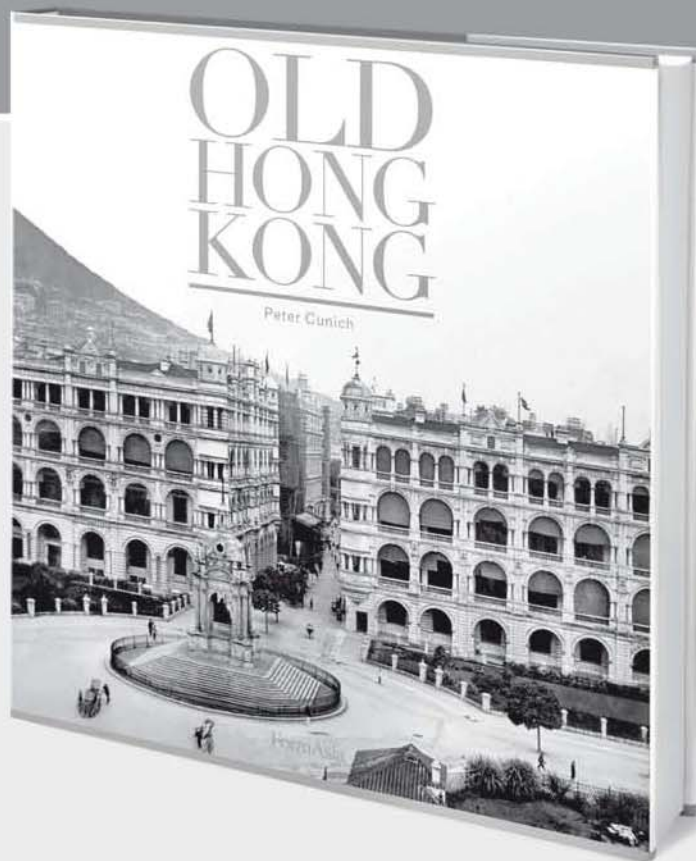
This year is my 28th year of running the junior tennis programme at the LRC. I cannot begin to say how fortunate I have been to have such an enjoyable job that has led me to meet so many dynamic people. Without the support of the LRC, its members, the tennis sub-committee and convener, sports department and the coaches, this programme would not have the reputation it has nor would it have been so successful.

Thank you to the coaching team that contribute their time and vast experience to the programme. To: Anne Aallonen, Jeff Schneider, Alexey Karpukhin, Lina Gomez and Andrew Watts.

Also, to all the junior tennis players and their parents.... I am so glad that you have committed your time and energy to tennis. Well done to you all for making tennis at the LRC, such a success.

-
- 01 Commitment Awards – (Left to right) Chan Yik Ting, Avinash Sujanani, Vikram Singh and Thomas Heath
 - 02 Sportsmanship Awards – Angelina Heyler, Stuart Reid, Ryan Teasdale and Brendan Saunders
 - 03 Most Improved Player Awards – Nicole Chu, Jonathan Ip, Tristan Root and Isobel Dolling
 - 04 High Point Awards – Autumn season 2013 – Nicholas Lim, Luka Kim, Noelle Vanasse-Wilbert and James Barrett
 - 05 High Point Awards – Spring season 2014 – Byron Sun, Ajay Pursram and Abby Aallonen

How much do you really know about Hong Kong?



A unique volume of over 300 pages of never-before published images of old Hong Kong. Supplemented with a meticulously researched commentary by Peter Cunich, Department of History, the University of Hong Kong. An invaluable source of reference and a must-have addition to the library of all who share an interest in the formative years of this extraordinary city.

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PAST EVENTS

French Open Social – Results on 31 May

WOMEN'S

Winner - Michelle Windsor-Cherry (photo 01)

Runner up - Brooke Babington (photo 02)

MEN'S

Winner - Max Fuller

Runner up - Francis Cheung and Markus Munch



Grant Cup Parent & Child Tennis Tournament on 24 May

MOTHER & CHILD

Winner:

Michelle Koller

Jacqueline Fuller

Runners up:

Christina Hudson

Brendan Saunders



FATHER & CHILD

Winner:

Christopher & Jonathan Ip

Runners up:

Robert & Audrey Simon



UPCOMING EVENTS

US Open Social

Saturday, 6 September

Organized Tennis

Every Tuesday from 7pm

Every Saturday, from 2pm

(Except 6 & 27 September)

Due to rescheduled matches, the dates above may be subject to change

By Joao Pedro Jorge, Tennis Coach

THREE REASONS TENNIS PLAYERS MISS-EXECUTE THEIR VOLLEYS

1. Un-fundamental Foundation: Plainly put, your footwork is messed up. Your base is likely over extended and a little too wide. This unorthodox foundation will cause you to lean too far forward. This in turn can cause a 2nd problem. (See below for how and why)

2. Botched Balance: We sometimes stop too early and end up waiting for the ball to come to us. We say to ourselves, "Ah that's too easy." And as a result, we don't prepare as we should. This premature "stoppage" and lackadaisical mindset can greatly affect your swinging motion, compromise your balance, and will send your body lunging involuntarily for the ball.

This forces your racket to come too far on top of the ball, angling it down into the bottom of the net. Oh and by that time, the ball will have dropped well outside your ideal contact point, and out of your preferred strike zone....Another non-ideal situation for you.

3. Nauseous Nerves: You can get too excited and/or overly anxious on your volleys (...the extreme opposite of #2). When we see a ball we can really attack, we sometimes clench (...and tighten) our muscles a little too much, because we really want to cream it, but are (...at the same time) nervous and afraid of the possibility of knocking it clear over the fence or down into the ground.

The rigidity of your muscles and onset of indecision/panic can dramatically shorten your swing and restrict your ability to follow-through, making your arm bend directly across our body. This will have your shots barreling into the net.



Now, I know you want to eliminate this sort of thing from ever happening again, right? Of course. You don't want anything like this ruining your chance at a break, set, match or even championship point. Well... Here's the solution(s). It's simple.

Tactics to Hitting Awesome Volleys:

1. Keep that body moving forward! You want to continue your movement as you hit your volleys. Don't stop and stare. A great way to help you do this is by executing a simple mental mantra like, "Keep moving up... keep moving up... keep moving up." Your body is a slave of the mind. So, use its power.

2. Obtain the "go get it" mindset. Go TO the ball on your volleys. Don't Wait! You've got to be hungry for it. Because hey, short balls don't come around too often. So, don't be passive in your approach. Be active and aggressive. Seize the opportunity to put it away right then and there.

NOTE: Don't forget your back foot when moving forward. Sure, you lead in with your front leg, but you have to remember to bring the back one up with it. If you don't, you'll be too wide. And... You got it, you'll be off balance again – which will cause you to reach.

Put it this way, when finishing your volleys, make sure to move your other foot toward your designated target. Bring it forward... Bring it forward...Bring it forward... You'll have a much more firm of a base as well as stronger balance (...which means no more lunging). Once you've achieved this, you're on easy street.

3. Loosen up: Many think you need a death grip on your volleys to gain power – not true! It's actually the opposite. All that does is SLOW DOWN your shot and up the likelihood of an unforced error.

Keeping some slack in your arm and wrist when gripping the racket will create a dynamic whip-like action, providing your shot with not only more power but more speed as well. Oh and lastly, it cuts down your opponent's response time – pretty good combination!

4. Breathe. When we get anxious, that's the first thing to go, our breath. So you want to make sure you don't freeze and constrict your pipes. Breathing is what keeps us centered and in control.

It's part of our core. So, you want to make sure to keep a steady flow of oxygen throughout. That way, you'll allow yourself to be aggressive but relaxed enough to execute a smooth yet dynamic reply that'll give your opponent fits.

After that, just keep your wrist firm and the racket face slightly open, while directing the shot to the open court, and you're good to go.

This should definitely make a HUGE difference in your game. And what was once your "netmare" will become the shot of your dreams.

LRC SWIMMING



Tammy Baltz
**SWIMMING
CONVENOR**

A record 165 of participants joined the Cup Gala on 31 May this year under the blazing sun. With the help of our amazing coaching team, sports members and parent volunteers, we finished all 374 swims by 5:15! One of the highlights of the gala was the return of Derrick Choi, a former LRC and University of Southern California swimmer, who, with the help of this dad and sister, broke a number of longstanding records in the relays. Congratulations to all of the swimmers who participated in the Gala for the first time, and to all of the 1st, 2nd and 3rd place finishers. We look forward to seeing you all again on 20 September for the Pennant Gala.



UPCOMING EVENTS

Splash-In

Fridays, 18 July, 1, 15, 29 August

Tri-Nation Aquatic Challenge (TBC)

Friday, 5 September

JULIAN SNELLING: - Selected for the Hong Kong Team for the upcoming 2nd FINA World Junior Open Water Swimming Championships, Eilat, Israel

by John Dempsey, Head Swim Coach

Julian Snelling, a long time member of the LRC's Elite training squad showed us all what training, discipline and dedication can deliver when he undertook a MASSIVE programme commencing at the end of April and concluding on the 18th of May.



His first outing was the annual LRC Swimathon. All participants were allotted a 1-hour time in which they tried to do as many laps of the outdoor pool as possible. I challenged Julian to swim 2 hours and try and to do 10,000 yards!!

When the Masters swim team heard of the challenge, they all banded together and added a further challenge. For every 100 yards over the 10,000, they would donate extra on top of what they had already pledged! BIG MISTAKE!!! After the 2 hours, Julian had swum an incredible 11,200 yards!! That is 448 laps of the pool and raised in excess of \$20,000 for the Hong Kong Downs Syndrome swim team. BUT, he wasn't finished yet.

On Sunday 4 May, Julian lined up for the HKASA Panasonic 2014 HK Marathon Open Water Swimming Competition at Plover Cove for a 10km marathon swim. Never having swum that distance in the sea before, Julian was in un-chartered water,

however, after a gruelling 1hr and 50 mins of swimming in dreadful weather and huge waves, Julian finished in 4th position after leading the swim for a huge amount of the time. It was a very brave and gutsy effort. The following weekend, Julian was back

in the pool at the HKASA Division 1 meet conducted at the Victoria Park Swimming Complex. This time, Julian competed in the 1500m Freestyle, finishing 4th in a time of 16.25, a huge 25-second personal best time.

As a coach, it is a privilege to have someone of Julian's talent and commitment as part of my squad. He is not only a joy to coach, but also a great role model for the rest of the team.

On Tuesday 3rd June 2014, Julian was selected to represent Hong Kong at the World Junior Open Water Swimming Championships, which are to be conducted in Eilat, Israel in August this year.

This is a tremendous honor and I am sure all members will join with me in congratulating Julian and wishing him all the best as he represents not only Hong Kong but the LRC as well.



Swimming Cup Gala on 31 May



library@lrc.com.hk

NEW BOOKS

ROMANCE AND FAMILY SAGA

Shadow Spell by Nora Roberts
 Bittersweet by Colleen McCollough
 The One Plus One by Jojo Moyes
 Turning Forty by Mike Gayle

DETECTIVE

The Son by Jo Nesbo
 The Wolf in Winter by John Connolly
 The Silkworm by Robert Galbraith
 Guilt by Jussi Alder-Olsen
 The Skin Collector by Jeffrey Deaver

MYSTERY AND SUSPENSE

Frog Music by Emma Donoghue
 The Target by David Baldacci
 The Bootlegger by Clive Cussler
 The Telling Error by Sophie Hannah

GENERAL FICTION

Still Life with Bread Crumbs
 by Anna Quindlen
 Arctic Summer by Damon Galgut
 Be Careful What You Wish For
 by Jeffrey Archer
 We Are Completely Beside Ourselves
 by Karen Joy Fowler
 The Quick by Lauren Owen

NON FICTION

The Fishing Fleet – Husband Hunting in
 the Raj by Anne de Couraj
 Until I Say Goodbye by Susan Spencer
 A Spy Among Friends by Ben MacIntyre
 Charlie Chaplin by Peter Ackroyd



BOOK CLUB 2014

**The Book Club will be back in
 September!**

If you have any enquiries,
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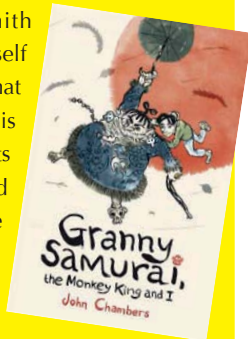
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Granny Samurai: The Monkey King and I by John Chambers

Eccentric young wordsmith Samuel Johnson finds himself home alone while his diplomat uncle is off diverting a crisis in Azerbaijan. As Samuel sits penning his memoirs and wondering how to divert the crisis in his own life - namely the big, hairy brute that is Boris Hissocks - he spots the little old lady next door acting very strangely. Is she actually chopping wood with her bare hands? Then the Monkey King comes knocking, and suddenly Samuel's whole world is turned on its head.



ATTENTION PARENTS!

Please remember that the Junior Library follows a colour coded system which is a quick and easy way to simplify age group book searches.

- PINK** – Concept Books/Picture books (ages 0 - 4)
- YELLOW** – Learning to Read - stages 1, 2 (ages 4 - 7)
- ORANGE** – Chapter Books (ages 6 - 9)
- BLUE** – Young Fiction (ages 10 plus)
- RED** – Young Adult (ages 13 & above)*
- BLACK** – Non Fiction
- GREEN** – Classics

*Take note of the **'parental guidance'** sign on the cover of each red-tagged book.

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Late Book Charges

- \$5 for the first week
- \$7 for the second week
- \$10 for the third and subsequent weeks

NEW BOOKS

YOUNG ADULT

- Nevermore** by James Patterson
- An Abundance of Katherines** by John Green
- Picture Me Gone** by Meg Rosoff
- Confessions: The Private School Murders** by James Patterson and Maxine Paetro
- Queenie** by Jacqueline Wilson

YOUNG FICTION

- Granny Samurai: The Monkey King and I** by John Chambers
- Ophelia and the Marvelous Boy** by Karen Foxlee
- Flora & Ulysses** by Kate DiCamillo
- Clueless McGee and the Inflatable Pants** by Jeff Mack

JUNIOR READER

- Cavemice: Watch Your Tail!** By Geronimo Stilton
- Rumble in the Jungle** by Geronimo Stilton
- Crystal the Snow Fairy** by Daisy Meadows
- A to Z Mysteries: The Zombie Zone** by Ron Roy
- A to Z Mysteries: Sleepy Hollow Sleepover** by Ron Roy
- Monster and Chips: Night of the Living Bread** by David O'Connell

PICTURE BOOKS

- The Bear's Song** by Benjamin Chaud
- Rules of Summer** by Shaun Tan
- Angelo** by Quentin Blake
- Help! We Need a Title!** By Herve Tullet
- Doug the Bug That Went Boing!** By Sue Hendra

NON-FICTION

- Eyewitness: Castle** by Eyewitness Books
- Eyewitness: Butterfly & Moth** by Eyewitness Books
- Eyewitness: Dinosaur** by Eyewitness Books

Check out the Junior Library for more new books!



LRC JUNIOR ACTIVITIES

Kids Crafts

Date: Saturday, 5 July
Time: 11am – 12nn
Venue: Junior Library

SoCO Volunteer Camp

Date: Monday & Tuesday, 28 & 29 July
Time: 9:30am – 4:30pm
Please sign up at the Sports Desk as volunteers.

Super Mario Game

Date: Saturday, 23 August
Time: 11am-12noon
Venue: Teen's Room

Back to School Craft

Date: Saturday, 30 August
Time: 11am – 12nn



Bingo

Date: Friday, 5 September
Time: 4pm – 6pm
Venue: Junior Library



Mid-Autumn Festival

Date: Sunday, 7 September
Time: 5pm – 8pm
Venue: Sundeck

LRC Overnight Camp

Date: Friday to Sunday, 12 – 14 September
Limited spaces, sign up on or before 15 July
at the Sports Desk.
Venue: Chek King, Sai Kung

LRC MEMBERSHIP NEWS

| membership@lrc.com.hk

Ordinary Members

Nicolas Charles Harridge PHILLIPS &
Andrea Katherine FLETCHER

Welcome back to Life Absent Members returning to the LRC

Wan Yin TANG & Ross Morrison CONNELL

We said au revoir to the following Life Absent Members

Kam Fai CHEUNG
Denys Calder & Victoria FIRTH
Peter Gregory & Adrienne Marie FORD
Robert William JEWKES
Crystal LAM
Kevin & Suzanne Paula LAM
John & Suzanne O'TOOLE
Angelina Lucy RUFF
Stephen Weaver SEELBACH
Chi Man Jonathan WONG

We bid a fond farewell to

Antoine M L X & Pauline Marie G DARGIER
DE SAINT VAULRY
Peter Currie & Kimberley ENNS
Christopher Andrew JAMES & Kimberley Bree DALES
Atsuko OCHIAI
Francesca SANKEY
Alan Owen & Christine Joan THOMAS

... congratulations to ...

Radhika BHATIA
Emma Wittrup BISGAARD
Sebastian Wittrup BISGAARD
Charlotte Cameron Elizabeth CORR
Trin GERJARUSAK
Emilie Lavina PARLETT
who now have their own signing right as Junior Members.

Cara Jayne MADRID
Joe Preede MEYSTRE
Alistair Matthew WEBB
who became new Student Members.

NEW ARRIVAL?

We welcome photos of the latest baby members of the LRC family for the magazine.
Please send directly to the Membership Office at membership@lrc.com.hk

Please remember to register your baby with the Membership Office!

I Caitlin Spain

CLAY SECRET GARDEN



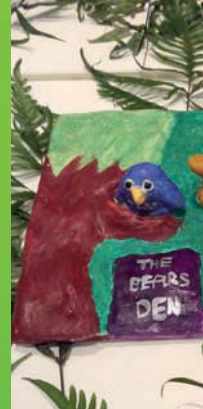
Abigail Fleming



Rachel Kan



Anjali Thakore



Charlotte



Henry Lapham



Tahni Brown



Emily Lam



Elizabeth



Gina Barrett



Chiara Mattoli



Alanna de Blank



Elizabeth

EXHIBITION 25 and 26 May



Cheung



Joseph Byrne



Rashida Ebrahim



Alexandra Iley



Lapham



Chelsea Soemitro



Jasmine Law



Natalie Lam



Donowho



Amber Day



Nadia Vong



Bharat Malhotra

It's that time of year again!



Save the dates for our Pink Ribbon Events!

Ladies' Lunch & Fashion Show Thursday, 9 October

Wine Diva Gala Dinner Saturday, 11 October

Tennis Tournament Wednesday, 15 October

Aqua Pink Circuit Thursday, 16 October

Quiz Night Friday, 24 October

Bridge Tournament Monday, 27 October



THINK PINK

All money raised from LRC's Pink Ribbon events will go directly to the HK Breast Cancer Foundation. Last year, we raised \$280,000 towards the cause. Let's raise more this year and help less fortunate Hong Kong families have access to diagnosis, treatment and rehabilitation. Every dollar counts!

For individual and corporate sponsorship information, please contact communications@lrc.com.hk